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Conflicts of Interest
Authors of the present study have no conflict of interest to disclose.

Author Contributions
Dr. Castillo-Torres: Conception and design, drafting, final approval, agreement to be accountable.

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None.
I was born and raised in Monterrey, northeastern Mexico, where I trained as a general physician at the Universidad Autónoma de Nuevo León (UANL) and qualified as a specialist in Internal Medicine with a subspeciality in Clinical Neurology at UANL’s Hospital Universitario “Dr. José Eleuterio González”.

Both of my specialty choices were greatly influenced by reading the Sherlock Holmes stories by Arthur Conan Doyle. In medical school, after reading the entire Holmesian Canon I was fascinated by the reasoning powers of the Baker Street Sleuth, thus I was inclined towards internal medicine; and during internal medicine residency, an article on Brain presenting the similarities between Holmes and William Gowers\(^1\) convinced me of becoming a neurologist. After completing my training in 2020, I was invited as Associate Professor of the Neurology Service at the Hospital Universitario, where I became a Level I member of the National Researcher’s System (Sistema Nacional de Investigadores, SNI).

That same year, I became a Writing Scholar in the first generation of the Effective Writing for Health Care Program offered by Harvard Medical School and I had the privilege of being selected for the Edmond J. Safra Fellowship in Movement Disorders (Class of 2023) at the Movement Disorders Service of Fleni in Buenos Aires, Argentina. In the first time this

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prestigious scholarship was awarded to a center outside Europe and North America. The Edmond J. Safra Fellowship in Movement Disorders is a two-year program focused on the formation of clinician-researchers in Movement Disorders, emphasizing their role as clinical experts and leading researchers, and it is auspiced by the Edmond J. Safra Foundation and the Michael J. Fox Foundation.

My main interests are the historical aspects of neurological disorders and the intertwining of neurology with literature, either by analyzing the life and works of authors in search of neurological signs and symptoms or conversely by relating neurological disorders to literary works.

“A physician who does not use books and journals, who does not need a library, who does not read one or two of the best weeklies and monthlies, soon sinks to the level of the cross-counter prescriber, and not alone in practice, but in those mercenary feelings and habits which characterize a trade.”


References

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