

Meet the Editor: Rodrigo Uribe-Pacheco

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The author of the present manuscript has no conflict of interest to disclose.

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Dr. Rodrigo Uribe-Pacheco: Conception, writing, and design.

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To Aime, Aruma, and Anker. In recognition of their guidance, encouragement, serenity, and unlimited love.

To the rest of my family, friends, mentors, students, and patients.

You make it all possible.

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"Reason is immortal; all else is mortal".

- Pythagoras of Samos

After completing high school at my beloved John F. Kennedy American School of Querétaro, I was unsure which profession I wanted to commit myself to. In the meantime, I decided to work as a waiter and bartender on the weekends and do yoga during the weekdays. With the earned resources, I traveled and sold Mexican cultural and natural landscape 35mm-film photography to aid my traveling. Philosophy has always been a substantial passion in my life. Throughout my sole journeys, I realized my biggest questions were not *"What do humans think about?"* but *"Why and how do we come to think?"*.

Long story short, I returned home and enrolled in medical school at the *Universidad del Valle de México campus in Querétaro*. During my medical education, the Neurology Course was coordinated and lectured by enthusiastic Prof. Fernando Barinagarrementeria, from whom my interest in the central nervous system, medical education, and the importance of empowering the population with knowledge on prevention for disease (*QUIERE: Querétaro Unido contra el Infarto cEREbral*) arose. Also, during my undergraduate

24 medical career, I met and learned about healthcare improvement and
25 quality of care from Dr. Enrique Ruelas and the *Institute for*
26 *Healthcare Improvement*, from whom a piece of advice emerged:
27 "Always ask yourself, am I performing my responsibilities the best
28 way possible? How can I still improve?". Afterward, I migrated to
29 Mexico City, where I experienced my undergraduate clinical
30 internship at the *Instituto Nacional de Ciencias Médicas y*
31 *Nutrición "Salvador Zubirán"* (INCMNSZ). Learning along with
32 admiring colleagues and friends, I realized it takes more than
33 motivation to achieve progress in the medical field.

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35 My first direct contact with the *Instituto Nacional de*
36 *Neurología y Neurocirugía Manuel Velasco Suárez* (INNNMVS) was the
37 following year when I experienced a clinical research training at
38 the Stroke Clinic under the exceptional guidance of Prof. Antonio
39 Arauz, whom I shall rephrase with one of his most valuable advices:
40 "Everything in life is a competition, with yourself." This was, by
41 all means, one of my favorite years in my personal and academic
42 lifetime. The INNNMVS is a tertiary care hospital for neurological,
43 neurosurgical, and psychiatric challenging conditions to be
44 studied, diagnosed, and treated. The central nervous system
45 lessons along the halls by exceptional residents and fellows like
46 Dr. Fabiola Serrano and the resilient and receptive patients made

47 a respectful and educational environment everywhere you looked
48 around. It was a wholesome year where they encouraged me to pursue
49 progress and develop personal and professional ethics,
50 perseverance, and curiosity. I realized deep in my aspirations I
51 didn't want my medical path to experience only one year in such an
52 outstanding and innovative neuroscientific institution. That same
53 year, I married my lovely wife and pursued an adventurous,
54 challenging, and purposeful path of self-fulfillment and academic
55 evolution.

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57 Subsequently, two years of phase III clinical trial
58 coordination at the *Stroke Clinic* (INNNMVS) and Hospital Juárez de
59 México, primary care experience, and my charming offspring's
60 births occurred. Then, I began my residency program in General
61 Surgery at the *Hospital General Regional No. 1 of Querétaro*, and
62 it was during this year of training that I received the
63 extraordinary call of acceptance from Dr. Juan Luis Gómez-Amador
64 to be admitted to the Neurosurgery Residency Program of the
65 INNNMVS. One of the most ecstatic phone calls I've responded to,
66 a moment of awe I will hardly forget.

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68 Along with my neurosurgical residency training, I have had
69 the unique opportunity to learn from the most brilliant and

70 inspiring friends and colleagues in neurosurgery, neurology, and
71 psychiatry (residents and professors). I have participated at the
72 *Spine Neurosurgery Open Medical Institute and Weill Cornell*
73 *Seminar 2021* (Salzburg, Austria) and 2022 (Mexico City).
74 Currently, I perform a Program Ambassador and Teaching Assistant
75 position for the *Principles and Practices of Clinical Research*
76 *Program 2023* (PPCR) of the *Harvard TH Chan School of Public Health*,
77 where I was granted the Clinical Research Scholar Award as a
78 student in 2022. During my training under the guidance of brilliant
79 Prof. Felipe Fregni and caring Dr. Alma Sánchez in PPCR, I had the
80 fortune to meet excellent compatible professionals in healthcare
81 who share my belief of clinical research as the source of progress
82 in science, employed to pursue a better quality of life in our
83 population. I also experienced an evolving bond of learning and
84 work-life balance with plenty of my residency training colleagues,
85 who constantly remind me that the sky is the limit. I have had the
86 fantastic opportunity to improve my neurosurgical and research
87 training at the *Universitätsklinik für Neurochirurgie* of the
88 *Medical University of Innsbruck*, Austria, under the guidance of
89 inspiring Prof. Claudius Thomé and his exceptional neurosurgical
90 team of residents and neurosurgeons.

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92 We are the sum of every person and lesson we have had the
93 treasure to cross paths with (family, friends, teachers, mentors,
94 and patients). In terms of my medical education, I aim to level up
95 my neurosurgical knowledge under the guidance of incredible
96 advisors from whom we learn challenging surgical procedures at the
97 INNNMVS (such as Dr. Sergio Moreno, Dr. Juan Luis Gómez-Amador,
98 Dr. Rogelio Revuelta, Nicasio Arriada, among many others).
99 Alongside this, I aspire to progress my understanding of clinical
100 research to teach, apply, and achieve better outcomes for our
101 patients who may benefit from our empathy and contributions to the
102 neurosurgical field. It is undeniable that when knowledge is
103 shared, reasoning progresses, sums, and benefits in a collective
104 manner.

105
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108 granted as Senior Editor in Neurosurgery alongside with Dr. Sabino
109 Luzzi. *Archivos de Neurociencias* is an ethical and scientific
110 journal that serves as a community platform to provide disruptive
111 and remarkable guidance for future generations of physicians and
112 researchers that will benefit the approach and treatment of our
113 patients' central nervous system.

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