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Conflicts of Interest

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Author Contributions

Dr. Raul Medina-Rioja: idea, writing and design.

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To my family, friends, colleagues and patients.

To my mentors:

Dr. Oscar Prospero-Garcia (without his teachings I wouldn't have pursued a career in Neurology)

Dr. Thomas Gattringer

Dr. Mario Masellis

Dr. Sandra E. Black

Dr. Juan Manuel Calleja-Castillo

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[Main Text]

Even before medical school I was captivated by the brain and its mysteries. During my first year at the National Autonomous University of Mexico, I found Neuroanatomy fascinating, which led me to consider a career between Psychiatry and Neurology. However it was during my second year while attending Professor Oscar Prospero-Garcia's (who I still consider the best teacher I've ever had) Neurophysiology lectures, that I realized my true calling as a Neurologist.

During my medical studies I also had the chance to take a clinical elective at the Neurology Department at the Medical University of Graz, in Austria, where I met professor Thomas Gattringer (at that time he was still in training) whose support and knowledge through all these years has been invaluable.

After finishing Medical School, I finished two-year training in internal medicine (the minimum requirement in Mexico to apply for a Neurology Residence) and luckily I was selected to continue my training at the National Institute of Neurology and Neurosurgery in Mexico. There I had the privilege of being trained by some of the greatest clinicians I've ever met, but the best part was being able to share many memories with

incredible colleagues and fellow residents who I will always consider my friends and that now are great Neurologists.

Currently I'm doing a Fellowship in Cognitive Neurology and Movement Disorders at SunnyBrook Health Sciences & the University of Toronto in Canada. My goal is to become an expert in Dementia and Neurodegenerative Disorders, especially in those complex cases where Impaired Cognition might be the tip of the Iceberg for more complex disorders.

When I finish I would like to go back to Mexico and pursue a career in Medical Education and Patient Care. I believe that there is a lot of important work to be done in the field of Dementia and Cognitive Neurology, and Mexico has great opportunities, not only in the clinical aspect, but in research and improving how we care of patients.

In my free time I enjoy mountain biking, reading, playing the bass-guitar and listening to music.

